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New York Business Group on Health Helps Employers Navigate New Regulatory Environment for Wellness Programs

NEW YORK – December 1, 2009 – To help employers understand the legal and regulatory issues surrounding wellness program design and implementation, the New York Business Group on Health (NYBGH) is hosting a meeting for HR professionals and fund administrators from 8:00 a.m.-10:00 a.m. on Thursday, December 3 at the Union League Club in New York.

“To combat rising health care costs, more and more employers are turning to wellness programs,” said Laurel Pickering, executive director, NYBGH. “The recent legislative updates and amendments have made it difficult for employers to manage their program design and ensure they are following federal laws. This meeting should help clear up some of the confusion.”

Meeting participants will learn about: designing wellness programs that are both effective and compliant; components of a HIPAA-compliant wellness programs; the Americans with Disabilities Act (ADA) and how it pertains to wellness programs; the new proposed Genetic Information Non-discrimination Act (GINA) and its implications for Health Risk Assessments (HRA); regulatory changes and updates for 2010; and, effective use of incentives and disincentives in program design.

The meeting is sponsored by Littler Mendelson, P.C. (Littler), the nation's largest employment and labor law firm, and The Vitality Group, developer of an incentive-based wellness program. For additional information or to register, visit [here](#).

About NYBGH

Founded in 1982, the New York Business Group on Health (NYBGH) is a not-for-profit coalition of 150 businesses and is the only organization in the New York Metropolitan area exclusively devoted to employer health benefit issues. A member of the National Business Coalition on Health, NYBGH functions as the forum for businesses to explore contemporary health care issues and find practical resolutions. Members include employers and health-related organizations. www.nybgh.org